

# Teenie GymTastics!



## Under 5's gymnastic classes

Held Thursday's at 'The Barn Theatre'  
Beeches Road, Cirencester  
(other days available)

Led by fully qualified and insured level 3 instructor with over 20 years coaching experience

**Rachel Rogers**

Sessions include a variety of gymnastics activities all of which give stimulus to your child's physical and social development within a structured, safe and fun environment.

### Sessions

10-10.45am - Teenie Teddies  
11-11.45am - Bouncing Bears  
12.15-1pm - Bouncing Bears  
1.15-2pm - Bouncing Bears  
2.15-3pm - Teenie Teddies

Teenie Teddies - Parent and toddlers  
up to 3 years

Bouncing Bears - 3 and 4 year olds  
independent learning



For more information and to book contact

**RACHEL ROGERS - 01285 885325 / 07845 085685**

or

**EMAIL [teenie-gymtastics@hotmail.co.uk](mailto:teenie-gymtastics@hotmail.co.uk)**