



# Improving our sport...

## A big 'Thank You' from British Gymnastics!

**We** are delighted with the response from our clubs to the improved membership renewal process.

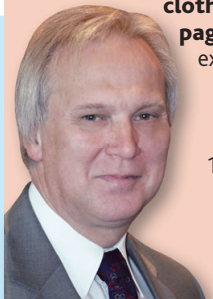
At the time of publication, **renewals are running at more than 50% ahead of last year**, tens of thousands of membership packs are already with members - and more than 85% of clubs are now renewing online.

**Next year we have agreed to review the fees and benefits for non-competitive associates and to incentivise further the online renewal process.**

We have received calls asking for **clarification on BG insurance** because our members have become aware of the increased levels of litigation and the ever rising cost of settlements. You will note that the legal liability insurance levels have this year been increased to cover up to a maximum of **£15m for any one occurrence**. There is no policy excess. This is the minimum that we can advise as appropriate in current circumstances. Please refer to your **Insurance Benefits for Members** leaflet which can also be downloaded from [www.british-gymnastics.org](http://www.british-gymnastics.org), under 'Membership' and 'Downloads'.

Elsewhere on these pages you will note a number of other initiatives. We believe you will agree that they add value to our membership offer. Please make use of them - they are there for your benefit.

They include: a new **Coaching Library** to help our coaches improve their skills; news on the increasingly popular **BGtv** concept; a special promotional offer on a **new clothing range** designed by Milano; and the launch of a **Personal Profile page** to enable us to share more information. In addition there is a feature explaining the ethos behind the **UKCC Coaching Framework**.



Thanks once again for your support - and if you have any questions or feedback to further improve our service, the number to call is 0845 1297129 ext 2395.

**Brian A Stocks, MA**  
Chief Executive

## Your Personal Profile page...



**We** now provide all members with their own **Personal Profile Page**, from [www.british-gymnastics.org](http://www.british-gymnastics.org).

Log-in to your own personal section of the membership database by clicking the **'members' link (see above)** using your unique membership number as printed on your Membership card. Keep your contact details up to date, upload a head and shoulders photograph which can be used by for publicity purposes at events etc, and tell us more about yourself and your interests.

If you do not have a password or have forgotten it, please click on the 'members' link (see above) and **request your password and it will be automatically emailed to you**. Keep your password private, to prevent anyone else accessing your personal details.

Once you are on your own page, you can **view your membership history** by clicking on the 'My BG Membership' link.

Full and Joint members will be able to **renew and pay for your membership online**, and view previous transactions and payments through the 'Account History' page.

If you have competed in an event where the BG Scoring System has been used, you will be able to **view a video of your routine and score**, by clicking on the 'My Competitions' section.

## A new reference library for our Coaches...

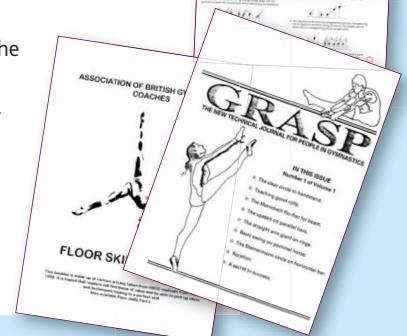
**We** are delighted to announce the introduction of a library of coaching materials, available free of charge on our website to current members qualified as Coaches and Judges.

This library has been gathered from a number of published sources and we hope it will **help coaches to build on their knowledge and improve on their coaching skills**. Be aware that some of the techniques and progressions may have evolved between the time of publication and the present day. Coaches should always be guided by the **'golden rule'** that they only coach elements and skills that were contained in the syllabus of their current qualification.

Please use your membership number and password to gain access at [www.british-gymnastics.org](http://www.british-gymnastics.org), and entering the library by clicking the 'Coaching Library' button at the bottom of the page or by clicking on the 'Coaching' menu on the left hand menu. Remember, **only members qualified as Coaches and Judges can access the library**.

If you require any assistance logging in, please contact Member Services:  
Email: [members@british-gymnastics.org](mailto:members@british-gymnastics.org) or telephone: 0845 1297129 ext 2395

In the near future, it will be possible to subscribe to this service if you are not a current member and qualified Coach and Judge.





# Informing clubs...

# our only

## BGtv goes from strength to strength...



**B**ritish Gymnastics is delighted by the overwhelmingly positive response to BGtv and believes it is the world's first National Sporting Body with its own in-house TV channel.

Since its re-launch in April, viewing numbers have increased by 50 fold. The team covering planning, production, filming and presenting, have been working flat out to ensure that 2008 is a great year for the avid follower of gymnastics.

To date, **more than 90 clips have been broadcast**, featuring interviews, news items, and individual routines. The latest highlights include the Glasgow Grand Prix and the British Aerobic Championships.

Yet to come in 2008 are the British Men's Championships, British Rhythmic Gymnastics Championships, and British Trampoline Nationals and of course **plenty more features and interviews from the gymnastics community.**

Thanks to all involved for their support and please keep the ideas coming!

To watch BGtv, visit the website at [www.british-gymnastics.org](http://www.british-gymnastics.org), and click on the BGtv banner on the home page.



## New Clothing range...

**G**ymnastics Enterprises Limited has launched a new range of **Polo shirts**, and **Hooded Sweatshirts** for adults and children. The range is available through the **online shop** ([www.british-gymnastics.org](http://www.british-gymnastics.org)) and has been designed by Milano.

A '**£5 off**' voucher promotion is running for British Gymnastics members - ending on 7th December 2008.

## UK Coaching Framework...

**T**he ethos behind the UK Coaching Framework is to improve the quality of education within the sports coaching sector and stimulate increases in participation in sport and raise standards of performance.

Since the inception of the UK Coaching Certificate, BG has been working with home nations and coach education panels to meet the UKCC endorsement criteria.

Our **Level 1 Learning Programmes were endorsed in October 2007 and new courses started August 2008.** To achieve endorsement it has been necessary to re-train the BG workforce to deliver, assess and verify the new course formats. BG has supported this re-training by allocating £86,000 to ensure that tutors, assessors and verifiers who had previously been trained would not have to meet the costs of the new training.

By the end of March 2009 we will have re-trained 300 tutors, 200 assessors and 50 external and internal verifiers. Feedback has been very positive with a particular welcome given to emphasis on support in the field, including tutor observations and feedback from National Trainers during course delivery. **The work of the verifiers will be to ensure there is quality in the delivery and assessment of courses and consistency across the UK.**

BG has invested in **National Trainers** selected from initial tutor training courses, who have received a comprehensive programme on delivering tutor trainings and have been observing and delivering parts

of the UKCC Level 1 Tutor update weekends. This group will drive the training of new tutors. A second group will be identified shortly to increase BG's capacity to deliver tutor trainings and observe and support existing tutors in the field.

Recognition of our work has come in the form of **a grant from UK Sport to enhance and extend the 'Building the Foundation' phase of the UK Coaching Framework.** Funding is also available for developing a research strategy; production and distribution of a 'Vision for Gymnastics' document; meetings to produce UK Framework delivery plans; and the development of learning programmes, resources and training for UKCC Level 2 and 3 courses.

Consultation with the workforce, home nations, regions, clubs and coaches has led to the new **'Introduction to Award Scheme Coaching' course for gymnasts between the ages of 14 and 18 years.** This offers gymnasts with previous experience an introduction to coaching through a 1 day course based on the content of **BG's Proficiency Award Schemes.** We intend to extend access to this course to recognise that a less formal route to coach education is appropriate for **volunteers who do not wish to embark on a coaching career but would like to help with recreational classes in clubs.**

We have been delighted to have had the opportunity to invest in our workforce and hope that regions, clubs, tutors, assessors, verifiers and coaches will continue to support the drive for improved standards.

